Heartsaver First Aid With CPR And AED
Synopsis

This 2006 revised student workbook, one of two Heartsaver First Aid texts, contains information on how to manage illness and injuries in the first few minutes of an emergency until professional help arrives. Workbook contains the three required modules (General Principles, Medical Emergencies, and Injury Emergencies) and three optional modules (CPR, AED, and Environmental Emergencies) for the Heartsaver First Aid Course. Comes shrink-wrapped with the Heartsaver First Aid Quick Reference Card (#80-1057), the Adult CPR And AED Reminder Card, the Child And Infant CPR And AED Reminder Card, and a CD containing supplemental CPR and AED skills information. Ideal for first responders and for students attending the Heartsaver First Aid course.

Book Information

Paperback: 130 pages
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ISBN-10: 0874934788
Product Dimensions: 0.5 x 8.2 x 10.8 inches
Shipping Weight: 2.4 pounds
Average Customer Review: 4.3 out of 5 stars  (See all reviews) (16 customer reviews)
Best Sellers Rank: #990,020 in Books (See Top 100 in Books) #52 in Health, Fitness & Dieting > Diets & Weight Loss > American Heart Association  #847 in Health, Fitness & Dieting > Safety & First Aid

Customer Reviews

This is an excellent course book for teaching/learning community level (heartsaver level), citizen/bystander CPR/AED and First Aid. Useful for people involved with youth groups, civic groups, those who may be acting like "first responders" etc. Very well written, easy to read, understand and learn from. Main points are reinforced with multiple scenarios and "bullet points". A great resource to keep at home as well for reference. I have taught this course many times and all the students give high praise for this manual/workbook. Retails $15 from American Heart Association authorized distributors (eg: [...]

Very clear, detailed information. I held on to both books even though I've been out of college for 2 years now just because I want to keep it fresh in my mind. I like it better than the Red Cross books!
Everyday, in my job, something is new. You never know what to expect, so in any situation I must be prepared to handle it in the best possible way. This book is good and the CD rom included in it makes it better.

This edition is already obsolete. Instead of starting with airway management, breathing and chest compression. It's now vise-versa. The main goal of chest compression is to maintain blood flow.

I bought this book for a class I enrolled in "Basic Life Saving Skills." It is a good, concise book that shows the basic life support for those interested to learn basic life saving skills. It is simple enough to learn. They usually sell this upwards of $20 but I decided to look how much they sell it here at, which is way cheaper so I got it from here. The book looks like it is in new condition and still had a sale price tag. The shipping time is not too bad either.

Just what I needed for my class. Easy read and able to comprehend material easily. CD included was a bonus. Came in a reasonable amount of time for an excellent price. Cheaper than a BLS instructor could get it for.

Completed a class at Highline using this book and it was an excellent in case of an emergency. I purchased this book to keep in my first aid pack for my vehicle. I want to be prepared and this is a great first step. I’m thankful has everything I am looking for at great prices.

book came early, in very good condition, the book had some answers written in by the previous owner, other than that, very much worth the money.

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